

# Project PHASE

Project PHASE is funded by the Children's Trust. The Trust is a dedicated source of revenue established by voter referendum to improve the lives of children and families in Miami-Dade County.

Prevention of HIV and Substance abuse Effectively (PHASE) is an evidence-based program that addresses the glaring need for a strength-based, intergraded approach to HIV & substance abuse prevention among high-risk minority youth in Miami-Dade County. Miami's minority youth face a staggering risk for substance abuse and HIV infection. The county's youth HIV infection rate is the highest statewide (with 31% of Florida's HIV cases) and third in the nation. Our targeted subgroup faces an even greater risk: they reside in neighborhoods that account for 57% of AIDS cases in the county, and 17.2% of all HIV cases in the state of Florida. PHASE is designed to decrease family and individual risk factors and increase the protective factors proven to reduce substance abuse and HIV infection. The program involves youth and parent participation in 8 family group sessions to build family protective facts that minimize self-destructive behavior, such as improved bonding, supervision, communication, standards & expectations (The Positive Family Relationships Program). Then youth attend 4 sessions focused on responsible decision-making, healthy values, and communication and resistance skills (Enhances Youth Program).

This Program is  
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