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Borinquen Health Care Center, Inc.  
*"A Family Concept"*

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Borinquen Health Care Center would like to invite you to the **SMARTEST WOMEN'S PROJECT** starting Thursday **February 11, 2010**: The aim of the **SMARTEST WOMEN'S Project** is to enhance quality of life and improve health status for ethnically diverse, disadvantaged women living with HIV/AIDS. The project involves participating in a weekly 2 hour group therapy for three months that addresses the following key areas: stress management, relaxation skills, assertiveness training, coping skills, managing depression, medication adherence, nutrition, safer sex practices, and alcohol and drug use. Individuals that choose to attend the group as research participants may be eligible to receive compensation for their time – classes are conducted in both Spanish and English. If interested, please call **Madeline Clemente: 305.576.6611 ext. 311 or Oscar Galeano: ext. 310.**