Miami-Dade Co. Health Dept STD Program

"NOW THAT YOU KNOW"

TEENS AND STDS IN MIAMI

FALL 2010

Edited by
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CLINIC LOCATIONS

1350 NW 14 Street

18255 Homestead Ave

615 Collins Ave

300 NE 80th Terrace

For hours

www.dadehealth.org.

RESOURCES

- www.doh.state.fl.us/disease-ctrl/std/index.html.
- www.cdc.gov.std
- www.GYT.org
- www.FaceITFlorida.com
- REMIND TEENS THAT IF THEY CAN'T TELL THEIR PARTNER THEY HAVE AN STD, they can send an anonymous e-card informing them and giving info and locations www.inSpot.org.

NOW THAT YOU KNOW, WHAT WILL YOU DO?

STDs and Teens Statistics & Trends

Floridians 15 to 19 Years Old in 2009

- 84 Cases of STD diagnosed every day.
- 3 Cases of STD diagnosed every hour.
- 1 Case of STD diagnosed every 17 minutes

During a Single Scheduled SAT Exam in 2009 14 of their fellow students between the ages of 15 and 19 years old were diagnosed with an STD.

Nationally

- 19 million new cases of STDs are diagnosed every year
- 1 in 4 teens contracts an STD each year
- 1 in 2 sexually active persons will contract an STD by age 25

According to an *Oprah and Seventeen Magazine* survey, 46% of 15—18 year olds who have had sex claim their mothers didn't know and that 78% did not use condoms.

Locally

April 2010, a critical advisory letter went out from Lillian Rivera RN, MSN, PhD our Administrator regarding STDs being on the rise in Miami—Dade. These increases represent a 10 year high in reported infectious syphilis, gonorrhea and chlamydia. This still only represents a fraction of the actual cases as many have no symptoms or don't recognize/ignore them so they go untreated.

With teens, 71% of the chlamydia cases reported were among women of whom 73% were between 15-24 years of age. There has been a surge in syphilis with teens that we haven't seen in many years.

10—19 years	GC males	GC females	CT males	CT females
2010 to date	158	212	271	1107
2009	271	479	491	2084
2008	235	383	457	1763
2007	205	377	432	1583

These stats give you a snapshot of Gonorrhea (GC) and Chlamydia (CT) in Miami-Dade

Tips From Our Staff

"I see and treat teens with STDs every day. Many have more than one STD. I found that maintaining a kind, friendly and caring demeanor helps. Always listen first then educate for their specific needs. This will take care of their initial complaint and leaves the door open for more dialogue. "
Lisa Wynne, ARNP

"Sometimes moms are the best friends/role models and have riskier sex then their daughters. When you can, include a mom and daughter education session. Include negotiating skills and prompt them to support each other in making safer choices."

Glenda Vixamarre, Supervisor

"Listen, Listen, Listen!

You may be the only one they will talk to and get information from. If you can't, refer them to someone who can.

Deborah Robinson, Disease Intervention Specialist